



Love Languages Personal Profile

FOR TEENS!

To get started:

You're going to see 30 pairs of things that your parent(s) might do or say to show love to you. All you have to do is pick one item in each pair that you like better. For some of them, you might like both options – but just pick one. Allow 10 to 15 minutes to complete the profile. Take it when you are relaxed, and try not to rush through it. When you are finished marking your answers, count how many times you circled each letter and transfer to the appropriate blank at the end of the test.

1. A. Asks me what I think
E. Puts his/her arm around my shoulder
2. B. Goes to my ball games/recitals, etc.
D. Does my laundry
3. C. Buys me clothes
B. Watches TV or movies with me
4. D. Helps me with school projects
E. Hugs me
5. E. Kisses me on the cheek
C. Gives me money for things I need
6. B. Takes time off of work to do stuff with me
E. Rubs my shoulders or back
7. C. Gives me cool things for my birthday
A. Reassures me when I fail or mess up
8. E. Gives me a high five
A. Respects my opinions
9. B. Goes out to eat or shops with me
C. Lets me use his/her stuff
10. A. Tells me I'm the best son/daughter in the world
D. Drives me to places I need to go
11. B. Eats at least on meal with me most every day
A. Listens to me and helps me work through problems
12. D. Doesn't invade my privacy
E. Holds or shakes my hand
13. A. Leaves me encouraging notes
C. Knows what my favorite store is
14. B. Hangs out with me sometimes
E. Sits next to me on the couch

15. A. Tells me how proud he/she is of me
D. Cooks meals for me
16. E. Straightens my collar, necklace, etc.
B. Shows interest in stuff that I'm interested in
17. D. Allows my friends to hang out at our house
C. Pays for me to go on school or church trips
18. A. Tells me I look good
B. Listens to me without judging me
19. E. Touches or rubs my head
D. Sometimes lets me pick out where we go on family trips
20. D. Takes me to the doctor/dentist, etc.
B. Trusts me to be at home alone
21. B. Takes me on trips with him/her
D. Takes me and my friends to movies, ball games, etc.
22. C. Gives me stuff that I really like
A. Notices when I do something really good
23. C. Gives me extra spending money
D. Asks me if I need help
24. B. Doesn't interrupt me when I'm talking
C. Likes the gifts I buy him/her
25. D. Lets me sleep in late sometimes
B. Seems to really enjoy spending time with me
26. E. Pats me on the back
C. Buys me stuff and surprises me with it
27. A. Tells me he/she believes in me
B. Can ride in the car with me without lecturing me.
28. C. Picks up stuff that I need from various stores
E. Sometimes holds or touches my face
29. D. Gives me some space when I'm feeling upset or angry
A. Tells me that I'm talented or special
30. E. Hugs or kisses me at least once every day
A. Says he/she is thankful that I'm his/her child

RESULTS:

A: _____ Words of Affirmation

B: _____ Quality Time

C: _____ Receiving Gifts

D: _____ Acts of Service

E: _____ Physical Touch

The letter or love language that receives the most points is your primary love language. If you score the same score for two love languages, then you are bilingual. If you score high on one love language and have a close second, that second highest score is your secondary love language!